



Do IPL treatments hurt?

- No skin desensitisation is required
- You may feel a slight level of discomfort with each application
- This will reduce as the area being treated responds to the therapy

Are there any side effects?

- Short term effects are possible
- Redness can occur in the area being treated
- This will disappear soon after the treatment

What about down time after the treatment?

- Generally you can return to normal activities straight after
- A minimum of 4 weeks is required before treated areas can be exposed to sunlight

Number of treatments and treatment frequency for each application:

- **Permanent hair reduction:**
6 – 8 treatments spaced four to six weeks apart
- **Sun spot reduction:**
4 – 6 treatments spaced four weeks apart
- **Vascular lesions:**
4 – 6 treatments spaced two to three weeks apart
- **Skin rejuvenation:**
4 – 6 treatments spaced four weeks apart
- **Acne treatments:**
May be ongoing weekly or fortnightly

advanced IPL TECHNOLOGY

restore your
beautiful skin



Skin Rejuvenation Day Spa & Mobile Service

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IPL Intense Pulsed Light Treatment

PERMANENT HAIR REDUCTION ▪ SKIN REJUVENATION
VASCULAR THERAPY ▪ PIGMENTATION THERAPY
ACNE REDUCTION

Skin Rejuvenation
DAY SPA & MOBILE SERVICE

What is IPL - INTENSE PULSED LIGHT TREATMENT?

IPL is a non-invasive light based technology used to permanently reduce unwanted hair and improve many skin conditions. Such conditions as age spots, sun spots, freckles, superficial capillaries and other unsightly discoloration of the skin can be eliminated using this technology. IPL is also incredibly effective for those of us who suffer from Rosacea and can even stimulate fibroblast causing increased collagen production in your skin for a more natural, lively, healthier looking you!

ACNE TREATMENTS



GBG trained therapists are now able to offer IPL based acne management programs for their clients. These unique treatments are

designed to specifically slow the overall production of oil that leads to acne, thus dramatically reducing the chance of spots and minimising the appearance of pores in general. Results will vary, but most people will see a significant improvement in skin condition. Treatment should be spaced approximately 1 - 2 weeks apart.

HAIR REDUCTION TREATMENTS

IPL hair reduction treatments are a safe, easy, painless and quick solution to unwanted hair and can be successfully used on the body or the face. Usually a course of 6 - 8 treatments is required to achieve an optimal result, but once you've completed your treatment cycle, you can look forward to a lifetime of

smooth skin with only the occasional maintenance treatment. Compare that to the cost and hassle of a lifetime of waxing.

PIGMENTATION TREATMENT

Whether born with them or acquired over the course of a lifetime, virtually everyone has one or more sun spots, freckles or skin discoloration they'd love to get rid of! A doctor's letter confirming that no skin



are present is usually required before commencing your treatment cycle and a series of 4 - 6 treatments spaced 4 week apart are required for optimal results. Treatment areas such as backs of hands, forearms, décolletage and face will respond well.

REJUVENATION TREATMENT



Everybody loves the sunshine! Limited exposure is good for the soul and the immediate effects it has on the skin such as a tan and healthy glow are much desired. However, in the long term, sun exposure decreases the production of collagen, which in turn causes damage to the skin making it feel wrinkled and coarse and looking red and tired. Skin rejuvenation treatments will improve skin tone, texture, refine and refresh the skin by increasing the production of collagen in the skin.



VASCULAR TREATMENT

Estimates indicate that unsightly veins are a common problem for more than 60% of the adult population! GBG trained therapists can offer treatments which will reduce facial vascular blemishes such as red flushing (Rosacea), thread veins and red spots found on cheeks and around the nose with minimal downtime or risk. A treatment cycle of 4 - 6 treatments spaced two to three weeks apart is usually required to reach your best possible outcome.

How does IPL work?

A fully trained therapist will apply a specially designed hand piece to your skin and generate an intense pulse of light which will be absorbed by targets in your skin. The light delivered from the hand piece is delivered at high intensity during a very short period of time. It is this rapid discharge of light that provides the high energy levels required for each IPL treatment to be effective!

What can be treated with intense pulsed light systems - IPL?

GBG trained therapists offer a range of cost effective and professional treatments including:

- Permanent hair reduction
- The elimination of sun spots, freckles and other skin discoloration
- Removal of vascular lesions
- Skin rejuvenation
- Acne reduction

Who is suitable for intense pulsed light treatments - IPL?

- Most people can have IPL treatments
- Your trained therapist should be able to determine your suitability
- Consult your Dr. if you are not sure
- People who have been tanning or have dark skin may be more prone to risk